



The Expanding Viewpoint

Jeshua Speaks: The Christ of You

June 2023

We have spoken often of the holy Child's adventure, how you have thought so wondrously to focus upon a specific experience and expression known as a lifetime, known as a personality, an individuality. It is a most wondrous thing that you do. You call forth from the totality of your being a focus, divine energy, so much so that you can exclude for the time momentarily the remembrance of the totality out of which you draw that specific focus.

And you say, "This is who I am. I am this individuality. I go by a certain name. I have certain qualities, attributes. I have a certain employment, certain relationships that define me. This is who I am." Forgetting that you are this yes, and more. Most wondrous being that you can call forth a specific focus to the almost exclusion of remembrance.

For as the holy Child in divine creativity, you set for yourself a thread of remembrance, a thread of connectedness to the total Self of you. It is the still small Voice within you that speaks to you and says, "You are this, yes, but you are more. Come Home. Remember." It is as you have set a certain timing known as your alarm clock. Where at a certain time there will be a calling, an insistent calling to awaken. That is what you are responding to now in this time and in this lifetime.

It is a calling to awaken to the totality of Self. Not to forget the individuality, nor deny the individuality. Not to say that this dimension, this reality is all bad, that it is just an illusion, that it has been a mistake. For indeed it has not been a mistake. You have chosen to experience this reality, this dimension

and all that you have scripted into this dimension.

But the still small Voice calls to you to awaken now to the totality to remember the Christ of you and to make commitment to the discipleship to that Christ. Not discipleship to one Jeshua ben Joseph, not to one Jesus, but to the Christ of *you*, the Christ of the *One*. For in Truth the holy Child of the Father is indivisible. The holy Child is one and is the Christ and you have agreed and you show it by your presence. You have agreed and committed to being disciple to the Christ.

Now for lifetimes, as you see linear time, you have given commitment to the Christ as you understood the Christ to be. And it has been in many lifetimes a commitment to serve the personality of one Jeshua. This was as you would see a certain steppingstone, a certain phase in the remembrance and it has served a grand purpose for as you saw individuality of Jeshua, me, you saw what you felt the goal to be.

In Truth the Christ is not a who. The Christ is *your* divinity. The Christ is the essence of the totality of you. We have likened it in previous times unto a vast ocean out of which you have fashioned for yourself the drop of water as an experience and you have said, "I am the drop of water. I am separate, I am an individual." And then you have seen yourself to be separate from the ocean. The Christ of you is the beingness, the Isness, the vast ocean of the totality of Self -- with a capital "S".

You have made commitment to remembering that Self. What does it mean, to make commitment? That is a

I Am

I am so blessed in having so many wonderful friends. I did not know how many (although I felt it was an abundance gleaned from decades of being Jeshua's mouthpiece/accomplice in spreading Love and Healing information), a loving task. The past few months have brought into clarity the wonderful extent of your love and caring. Thank you to so many who have sent cards and messages of healing, hope and friendship when I have needed it most. You are the Heart of caring and inspiration.

The first month I spent in the hospital, allowing the body to heal and regain its strength. I had not realized the extent to which I had demanded energy/intelligence from the body. During the first month I had opportunity to assess life goals and to choose. I, with your help, chose to affirm Life.

The second month I was in the rehabilitation mode, gaining strength in rehabilitation of the body, mind (and spirit) with the help of caring nurses and friends, new and old, gaining a new perspective of Life. Thank you, new and old (some not that old) friends who encouraged and believed in the Life Spirit of me. I appreciate all of you and your encouragement! Thank you so much (and I mean *so much*).

Life is good. Thank you!

Love,

Judi(th)

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word and a concept in your day and time that many run from. They want to be free, having no commitments, no entanglements as they see it. And yet commitment is a most necessary ingredient in the discipline of the disciple.

In Truth you cannot be the disciple without commitment. It means setting aside all else and being single focused in the expansion of the focus. It means setting the goal of knowing the Christ as being of the highest priority.

You have made the commitment; albeit, sometimes you go on a detour, but you have made the commitment to know what it means to be disciple. You have set that as a priority, a value in this lifetime.

within you the still small Voice calling to you saying, "It is time."

You have already made the commitment to discipleship. Now, what does it mean to be disciple? It means that you eat, drink and breathe everything nurturing which comes from the master to which you have made yourself disciple. Many times you have made yourself disciples of the golden coins. Many times you have made yourself the disciple of time. Many times you have made yourself the disciple of love, seeking it where it was not to be found. Running around trying to find it in the outer forgetting that you are birthed and live and move and have your being in love and that the most sure way to know love is to



So you have gone to the workshops. You have gone to the masters, the teachers, you have gone to the fellow brothers and sisters who seem to be a bit together, enlightened and you have asked of the brothers and sisters, the masters, you have said, "Share with me the revelations, the remembrances that you know so that I may have that as catalyst for my own remembrance. Perhaps something that you will say in your experience will trigger for me a remembrance; it will open a door, it will open a window for me." And you have sought out the books, the recordings, the vibrations which have tickled your remembrances because you hear at a very deep level

give it. For in the experience of giving you know that there is a flow of energy.

That is why I exhort you over and over to extend love. To open the heart and to love everyone and everything in your experience, and then you will begin to remember the power, the divine power of love which has birthed you in the allowance of having specific focus: Individuality. In other words: to extend love. Make yourself now, a disciple of love. Choose to see love everywhere. Choose to give love all of the time, to live in that space.

For I say to you, put yourself in that circle of love. Give love first and foremost to yourself. That you find difficult. The separated ego has said to

you, "You are not perfect. You're downright stupid. Didn't you know that was going to happen? You could have done better. Why didn't you say...? Why didn't you...?" Always the second guessing to point out to you what you have then taken to be a judgment of you.



And so you have put yourself outside of the circle of love. You have said, "Others may be the holy Child of the Father. I can see the Christ of them. I love the Christ of them. And it makes me feel good to love the Christ of them, but if they really knew inside me, they probably wouldn't like me. I see that in my relationships in this lifetime. When I have gotten close to someone and I've really showed them the real me," -- real with the small "r" -- "They've left. Friends that I thought were friends, when I opened up to them, when I said to them, 'Let me be part of your circle. I want to be friends with you,' they have turned away and found someone else to be companion."

And so you have re-experienced abandonment, judgment, imperfection, limited image. And you have said, "Well, all others are worthy of my love and the Father's love. I can see really good qualities about each one of them. And I know that's why the Father loves them. But, I'm not sure about me." And you keep yourself outside of the circle.

I say unto you, you are valued, you are wonderful. You, if you will receive it, are the master who has

come forth into this dimension out of great courage to live in a reality that still believes that there can be other than love.

It has taken great courage for you to choose once again to come into this dimension. To assume the cloak of forgetfulness. To take upon yourself the manifestation of a physical body and all that has been scripted in this reality that goes with the physical body.

You have agreed to a certain collective consciousness that says this is a reality of struggle. This is a reality of pain and you show that in the bodies. You have the aches and pains in the body.

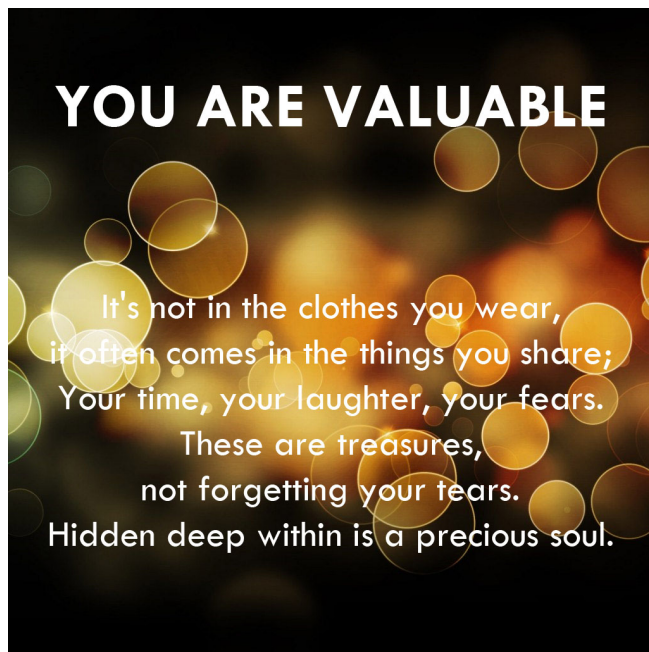
I say unto you that it has taken great courage for you to choose to be the servant to the Christ. To do it within a certain paradigm, a scripting if you will, that has built into it much of pain and sorrow and limitation.

Be ye now a disciple of Love and love yourself. Bring yourself back into the circle of love. Every day do something as a gift for yourself for you are worthy of it. You are worthy of the most beautiful costly raiment. You are worthy of the most beautiful jewels. You are worthy of a relationship which sees you as valuable and loves you for What you are and Who you are. In every day do something for yourself. The small "s" and the capital "S". To love self. Do not be so busy loving others that you put yourself in the background and forget.

For in Truth, you do not totally, unconditionally love another until you will totally, unconditionally love yourself and forgive yourself for whatever you have thought was lacking in you.

Be the disciple of love of Self. Put that as a priority in everyday. Gift

to yourself some of that precious time we have spoken of. Set aside a whole hour for yourself. Can you do that? If you set aside an hour for yourself and you want to lie in the bed and wiggle



the toes and perhaps snore until the rafters are vibrating, so be it. Do not get up after you have spent an extra hour in bed and say, "Oh, well, I wasted time. I should have been in meditation. I should have been ooommming. I should have been," etc. Do not value judge. Just indulge in love yourself. If you want to take a bubble bath, do that. If you want to go and stand in the sunshine, do that. Those of you who live in the fountain of the rainy geographical locations, stand in the gentle rain and breathe the freshness of the vibration of the rain.

In other words, treat yourself a gifting from the Father, if you will. How can the Father give you a gift if you will not accept it? All the time He is gifting you. *All* of the time. Catch the meaning there. *All* of the time He is gifting you but you must receive.

Be ye disciples. Put discipline into your experience. The separated ego is going to rail against discipline. Habitual pattern is going to chafe against discipline. And yet, beloved one, it becomes quite easy after a few

days of discipline. It will become a habit, an easy habit to have discipline in your life.

Become the disciple of love, yes, which means to become the disciple of Christ.

Now the totality of you, the divinity of you is vibrantly alive, powerful, dynamic and beyond what we can describe in concepts. You begin to catch a feeling that goes beyond any definition of concept and words and you live in love, pure love. You begin then to know what it means to walk as the Christ incarnate, to be visible incarnate Christ upon this plane and to give unconditional love always because you know no other. You live in that space of the unconditional love knowing that you are loved unconditionally, knowing that you are the most wonderful being that has ever come forth out of the vast ocean of Totality. And you walk as vibrantly alive Christ sharing your light. It is a vibration that can be measured: sharing your light with the brothers and sisters, touching their lives with your vibration.

Know you that the light that you are, which you bring into even this specific point of focus can be measured, has a sound, is felt by the brothers and sisters and you feel their vibration, you feel their light or the containment of their light as they will find themselves constrained, constricted, suffering.

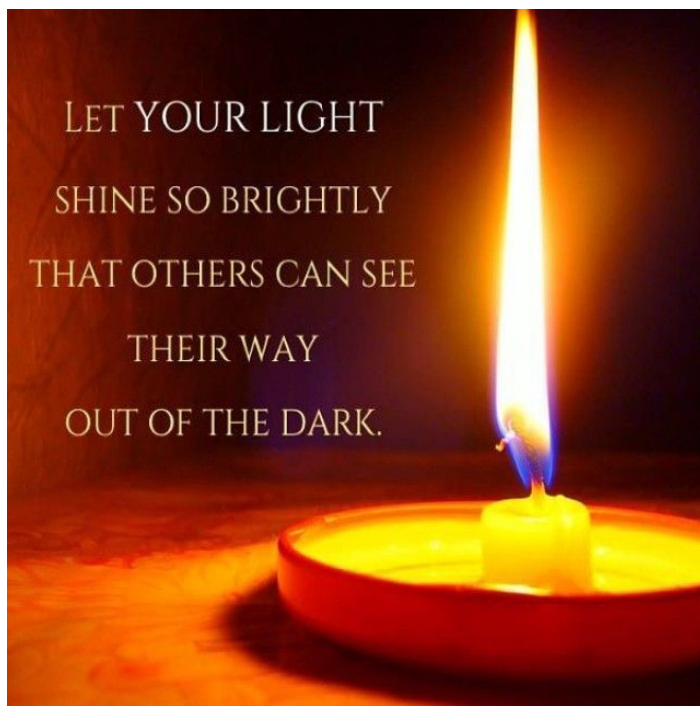
As you become committed, which you are, to knowing what it means to be disciplined, the disciple of the Christ, and coming again to the experience of the totality of you even while you are focusing upon the individuality, you will feel that you are living in two worlds.

Indeed you are living in two worlds because you have chosen to awaken. Count it all as good even though the separated ego will say, "It doesn't feel harmonized, it doesn't feel together, it doesn't feel

integrated." Count it all as good when you acknowledge and recognize that you are living in two worlds.

Now you are awakening. Now you are remembering that there is much more to you, and it gives you an unsettled feeling and you have questioned yourself at times and wondered, "What is happening to me? Why do I have certain feelings? Certain understanding? Why do I seem to be walking to the beat of another drummer when all of my friends, acquaintances, they seem to be single focused. They are not having problems. They know what they want. They don't have these thoughts that I have, that there must be something more to me."

And you have asked and the separated ego has said, "Well, maybe there is something wrong with you." Count it all as good for indeed you are living in two realities and



LET YOUR LIGHT
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OUT OF THE DARK.

becoming aware of the two realities: the reality -- with a small "r" which you have said is this life experience and the Reality -- with a capital "R," which is your true Being.

You will be acknowledging and refining the experience of the Christ, the Reality -- with a capital "R" -- of you in the days to come. You will be

refining to a place where you will feel peaceful, integrated if you will, even while there feels, seems to be disintegration. In other words, you will be abiding more and more in the space of the Christ, in the space of peace even while all else around you seems to be in upheaval and in change. There will be a certain sense of peace, a very deep peace that the world does not understand. And you will be refining for yourself what it means to be visible Christ incarnate.

I have watched you as you have wondered, as you have questioned, as you have loved, as you have supported, as you have judged and then allowed. I have watched you as you have related to what others were going through. And you have felt, if truth be told, you have said to yourself in certain words, "There but for a certain choice in individuality, there go I. I can understand that experience. I can understand what they are going through."

So you have in that moment come into a place of remembering the Christhood. You have in that moment of Love, come into a space of forgiveness of self, a forgiveness of all of the drama that has been going on. And again you felt that you were walking, experiencing two worlds, and you have been two realities. Count it all as good.

The Christ of you is that which allows you to have individual experience, to bring forth manifest experience and expression in this reality. The total Self of you, the Reality of you, the Christ of you is vast, immeasurable, unlimited, cannot in Truth be defined by words or concepts. But it can be experienced even in this point of focus: in Peace.

So be it.

The above article is taken from an Evening With Jeshua at the San Diego Advance in 1999.